

Dr Julie Cichero is excited to share that she is bringing two workshops to Dublin, Ireland - 31 August and 1 September 2026

I will be delivering two stand-alone workshops in Dublin, Ireland (The Springfield Hotel, County Dublin)

31 August 2026

Cervical Auscultation of Swallowing (8.30am-5.00pm)

Cervical Auscultation is enjoying a resurgence in interest as an additional tool for the Speech Pathologist's toolkit. With a focus on assessment of swallow-respiratory coordination this assessment tool has a sensitivity of 0.91 and specificity of 0.79. It is to be used *together* with instrumental assessments and does not replace them. The one-day cervical auscultation (CA) workshop addresses identification, description and interpretation of normal and abnormal swallow-respiratory sounds. The workshop includes the principles of CA as used with adults and includes a small section on its application to infants and children. Julie shares her practical experiences of using the technique concurrent with clinical examination and VFSS.

Practical information about care and use of stethoscopes and other recording devices is provided. The workshop also affords participants up-to-date information on deglutition anatomy and physiology, and risk factors for the development of aspiration pneumonia. Practical exercises are provided throughout the workshop to enhance foundation and embed skills.

1 September 2026

Dentistry, Medications and Texture Modified Food: SLT Essential Toolkit (8.30-5.00pm)

The advent of IDDSI has ensured that food texture recommendations are a cornerstone of the SLT's remit. While some chewing evaluations have been developed, they currently fail to capture the complexity of food texture assessment. Coronial reports continue to show bread as a misunderstood texture with fatal consequences. While food texture is part of the equation, the oral environment, including dental status, oral health and chewing skills are critical but overlooked.

This one-day workshop with Dr Julie Cichero will share the food texture and chewing evaluation journey she has researched and studied over the last 30 years together with practical application. Julie will be joined by Dr Jonathan Cichero (Dental Surgeon) to share practical dental insights relevant to hospital and community-based clinicians working with children and adults. Jonathan has more than 30 years' experience in private practice, special needs dentistry and delivery of dental services to aged care settings.

Continuing the multidisciplinary theme, the workshop will also include a dedicated segment on medications and dysphagia covering normal tablet swallowing physiology, why healthy people having trouble swallowing tablets

and how to address this. Julie will cover the management of medication for people with dysphagia, drawing on 15 years of multidisciplinary research and practical application.

How to register

Please go to: eatdrinkswallowsafelearning.com.au and select your preferred course.

Click on price to open the course of interest and use tabs at the top to read about the course, location, times and select the course of interest.

Questions? Please contact info@eatdrinkswallowsafe.com.au